Major/Program	Physical Education (K-12 Teacher Certification)
College	Nursing, Human Performance, and Health Sciences
Department	Exercise Science and Human Performance
Contact	Holisa Wharton, Dean
2025-2026	

Lander University 4-Year Major Guide

First Semester		Second Semester			
se	Notes	Hours	Course	Notes	Hours
01	Core Academic Skills (General Education)	3	ENGL 102	Core Academic Skills (General Education)	3
al Education	Humanities and Fine Arts (General Education)	3	General Education	Behavioral and Social Perspectives (General Education)	3
ral Education	World Cultures	3	MATH 121 or MATH 141	Core Academic Skills (General Education)	3
: 175	Wond Outlands	2	EXSC 210	Laddalony	4
100-level activity		1	EXSC 219		3
101	Behavioral and Social Perspectives (General Education)	3			
01	Core Academic Skills (General Education)	1			
	Subtot	al 16		Subtotal	16
	Subtot	ai 10			10
I	First Semester			ond Semester	
203	Notes	Hours 0.5	Course EDUC 204 or CIS 101	Notes	Hours 3
.03		0.5	EDUG 204 OF GIS 101	Scientific and Mathematical	3
40	Humanitian and First Arts (Or	3	MATH 211	Reasoning (General Education)	3
I Education	Humanities and Fine Arts (General Education)	3	PETE 204		2
3		2	PETE 222		2
5		3	PETE 224		2
ecommended	Scientific and Mathematical Reasoning (General Education)	4	PETE 228		3
	Subtot	al 15.5		Subtotal	15
-					
1	First Semester	Hours	Course	ond Semester	Hours
R,		noulo	Course		i loan o
-	Founding Documents (General	-			
,	Education)	3	EXSC 310		4
,		1	EXSC 326		3 3
1Ŕ 4		2	DETE 320*		
1R 4 6		2 3	PETE 320* PETE 329*		1
IR I 3) or EXSC 424		-			1 3
1R 4 5 0 or EXSC 424 1		3	PETE 329*		
01R 14 16 00 or EXSC 424 11	Subia	3 4 3	PETE 329*	Subtool	3
R) or EXSC 424	Subtot xis Core. Apply for admission to	3 4 3 al 16	PETE 329* PETE 420*	Subtotal rofessional Program to enroll in	3 14
01R 44 06 or EXSC 424 11 18* I sections of Pra		3 4 3 al 16 o the	PETE 329* PETE 420*		3 14
sional Program;	ixis Core. Apply for admission to	3 4 3 al 16 o the	PETE 329* PETE 420* Must be admitted to the P 329.		3 14
101R 144 206 310 or EXSC 424 311 318* Il sections of Pra sional Program;	ixis Core. Apply for admission to 2.75 GPA required for admissio	3 4 3 al 16 o the n	PETE 329* PETE 420* Must be admitted to the P 329.	rofessional Program to enroll in	3 14 PETE
101R 144 206 300 or EXSC 424 311 318* Il sections of Pra sional Program;	ixis Core. Apply for admission to 2.75 GPA required for admissio	3 4 3 al 16 0 the n	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451*	rofessional Program to enroll in	3 14 PETE 3
01R 44 00 or EXSC 424 11 18* I sections of Pra ional Program;	ixis Core. Apply for admission to 2.75 GPA required for admissio	3 4 3 al 16 o the n	PETE 329* PETE 420* Must be admitted to the P 329.	rofessional Program to enroll in	3 14 PETE
11R 44 66 00 or EXSC 424 11 8* sections of Pra onal Program; 15* 12* 12*	ixis Core. Apply for admission to 2.75 GPA required for admissio	3 4 3 al 16 o the n 3 3	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451* PETE 461*	rofessional Program to enroll in	3 14 PETE 3 11
01R 14 16 10 or EXSC 424 11 8* sections of Pra ional Program; 15* 12* 12* 12* 19*	ixis Core. Apply for admission to 2.75 GPA required for admissio	3 4 3 o the n 3 3 3	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451* PETE 461*	rofessional Program to enroll in	3 14 PETE 3 11
01R 14 16 16 10 17 18 18 18 18 19 10 10 17 10 10 10 10 10 10 10 10 10 10	ixis Core. Apply for admission to 2.75 GPA required for admissio First Semester	3 4 3 b the n 3 3 3 1 1 1	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451* PETE 461*	rofessional Program to enroll in	3 14 PETE 3 11
HR 4 6 90 or EXSC 424 1 8* sections of Pra onal Program; 5* 5* 2* 2* 9*	ixis Core. Apply for admission to 2.75 GPA required for admissio First Semester	3 4 3 b the n 3 3 3 1 1	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451* PETE 461*	rofessional Program to enroll in	3 14 PETE 3 11
1R 4 6 0 or EXSC 424 1 8* sections of Pra onal Program; 5* 2* 2* 9* 9* 0-level activity 0* or EDUC 320	ixis Core. Apply for admission to 2.75 GPA required for admissio First Semester	3 4 3 al 16 o the n 3 3 3 1 1 1 3	PETE 329* PETE 420* Must be admitted to the P 329. Sec PETE 451* PETE 461*	rofessional Program to enroll in	3 14 PETE 3 11

*Student must be admitted to Professional Program in Teacher Education. Physical Education majors must earn a "B" or better in PETE 329, PETE 429, and PETE 461. A "C" or better must be earned in all other Major Program Core Requirements, Major Program Additional Requirements, and EXSC 175.

Second Year

Third Year POLS 101R **PETE 144** PETE 206 EXSC 300 or EXSC 311 PETE 318*

PETE 305* EXSC 402*

Fourth Year PETE 422*