

Major/Program	Human Services
College	Humanities, Arts, and Social Sciences
Department	Psychological Science and Human Services
Contact	Dr. Lucas McMillan, Dean
2025-2026	

Lander University 4-Year Major Guide

	First Semester			Second Semester			TOTALS
	Course	Notes	Hours	Course	Notes	Hours	
First Year	Elective		3	*ENGL 102	Core Academic Skills (General Education)	3	
	*ENGL 101	Core Academic Skills (General Education)	3	General Education	Humanities and Fine Arts	3	
	General Education	Humanities and Fine Arts	3	General Education	Scientific and Mathematical Reasoning	3	
	*POLS 101R	Founding Documents (General Education)	3	General Education	World Cultures	3	
	*PSYC 101	Perspectives (General Education)	3	*SOCI 101	(General Education)	3	
	LINK 101	General Education	1				
	Subtotal 16			Subtotal 15			Yearly Totals 31
Second Year	First Semester			Second Semester			
	Course	Notes	Hours	Course	Notes	Hours	
	Elective		3	Elective		3	
	Elective		3	Elective		3	
	*HUS 201		3	HUS 217 or HUS 235 or PSYC 212		3	
	*MATH 211	Core Academic Skills (General Education)	3	Laboratory Science	Scientific and Mathematical Reasoning (General Education)	4	
	PSYC 203		3	Major Program Elective	200-level or above CRIM, HUS, PSYC, or SOCI	3	Yearly Totals 31
	Subtotal 15			Subtotal 16			
Third Year	First Semester			Second Semester			
	Course	Notes	Hours	Course	Notes	Hours	
	Elective		3	Elective		3	
	Elective		3	Elective		3	
	HUS 322, HUS 337, or HUS 389		3	Elective		3	
	Major Program Elective	200-level or above CRIM, HUS, PSYC, or SOCI	3	Elective		3	
	*SOCI 398 or HUS 300		3	Major Program Additional Requirement	(see list below)	3	Yearly Totals 30
	Subtotal 15			Subtotal 15			
Fourth Year	First Semester			Second Semester			
	Course	Notes	Hours	Course	Notes	Hours	
	Elective	300-level or above	3	Elective	300-level or above	3	
	Elective		3	Elective		3	
	Major Program Additional Requirement	(see list below)	3	Elective		1	
	Major Program Additional Requirement	(see list below)	3	*HUS 499		3	
	Major Program Elective	300-level or above HUS, PSYC, SW or SOCI elective, or CRIM 350 or CRIM 390	3	Major Program Elective	300-level or above HUS, PSYC, SW or SOCI elective, or CRIM 350 or CRIM 390	3	Yearly Totals 28
	Subtotal 15			Subtotal 13			

Total Hours Required: 120

*Students must earn "C" or better

MAJOR PROGRAM ADDITIONAL REQUIREMENTS

POLS 318: Public Budgeting
 PSYC 303: Psychology of Aging
 PSYC 311: Community Psychology
 PSYC 312: Systems of Psychotherapy
 PSYC 314: Psychology of Childhood
 PSYC 315: Adolescent Development
 PSYC 362: Health Psychology
 PSYC 364: Psychology of Trauma
 PSYC 405: Death and Dying
 PSYC 416: Childhood Psychopathology
 SOCI 314: or SW 314: Social Welfare Policies and Programs
 SOCI 315: Non-Profit Organizations
 SOCI 317: or SW 317: Social Work Intervention
 SOCI 321: Medical Sociology
 SOCI 322: Sociology of Mental Health